

WELLNESS GUIDE

Vasindux **PRO+**

Version 3.1



The following are general guidelines for programs that are known to help improve symptoms associated with various health concerns. It is recommended that you consult with your primary care provider prior to initiating PEMF sessions for specific health concerns.

Category		Primary PEMF Programs	Bioresonance PEMF Programs	Chakra PEMF Programs
General Wellness Programs	Energy	IF 1, IF 4	BR 17	
	Relax	IF2, IF 5		
	Sleep	IF 3		
Vascular	Arteriosclerosis	IF 10	BR 12	CH 6
	Stroke	IF 3	BR 12, BR 9	CH 1, CH 2
	Dementia	IF 3	BR 9	CH 3
	Angina (Chest Pain)	IF 7	BR 6	CH 5
	Infarct	IF 3	BR 12, BR 13	CH 6
	Muscle Spasms	IF 7	BR 13	CH 9
	Blood vessels supplying the brain	IF 2, IF 5	BR 12, BR 9	CH 6
	Hypertension	IF 2, IF 5	BR 12	CH 6
	Arrhythmia	IF 10	BR 12, BR 13	CH 6
	Bradycardia	IF 2, IF 5		CH 6
	Tachycardia	IF 3	BR 12	CH 6
	Peripheral Vascular Disease	IF 2, IF 5	BR 12	CH 6
	Lymphatic System	IF 10	BR 12	CH 6
	Decreased Hearing	IF 3	BR 12	CH 4
	Tinnitus	IF 3	BR 12	CH 4
Headaches	IF 3	BR 12, BR 13	CH 6	
Respiratory	Asthma	IF 3, IF 6, IF 8	BR 6	CH 5
	Hay Fever	IF6, IF 8, IF 10	BR 6	CH 5
	Pneumonia	IF 2, IF 5, IF 6, IF 8	BR 6	CH 5

Category		Primary PEMF Programs	Bioresonance PEMF Programs	Chakra PEMF Programs	
Digestive System	Gastric Disease	IF 2, IF 5	BR 2	CH 7	
	Ulcer Disease	IF 3	BR 2, BR 7, BR 3	CH 7	
	Crohn's Disease	IF 10	BR 7	CH 7	
	Diabetes	IF 2, IF 5	BR 3	CH 7	
	Hepatitis	IF 3, IF 6, IF 8	BR 10	CH 7	
	Metabolism Disorders	IF 2, IF 5	BR 7	CH 7	
Neurological	Chronic Fatigue	IF 10	BR 1	CH 1, CH 2	
	Sleep Disorders	IF 3	BR 1	CH 1, CH 2	
	Elderly Dementia	IF 10	BR 1, BR 13, BR 9	CH 3, CH 4	
	Alzheimer Disease	IF 10	BR 1, BR 13, BR 10	CH 3, CH 4	
	Headache	IF 3	BR 1	CH 1, CH 2	
	Migraine	IF 2, IF 5	BR 1	CH 1, CH 2	
	Cluster Headaches	IF 2, IF 5	BR 1	CH 1, CH 2	
	Rest and Relax	IF 2, IF 5	BR 1	CH 1, CH 2	
	Revitalizing	IF 9	BR 1	CH 1, CH 2, CH 5	
	Relax-Anti Stress	IF 2, IF 5	BR 1	CH 1, CH 2	
	Carpal Tunnel Syndrome	IF 9	BR 12	CH 5	
	Panic Attack	IF 9	BR 1	CH 4	
	Musculo-skeletal	Osteoporosis	IF 7	BR 12	CH 5, CH 9
		Fracture	IF 2, IF 5	BR 12	CH 5, CH 9
Arthritis		IF 6, IF 8, IF 10	BR 12, BR 13	CH 5, CH 9	
Polyarthritis		IF 6, IF 8, IF 10	BR 12, BR 13	CH 5, CH 9	
Tendonitis		IF 6, IF 8, IF 10	BR 12, BR 13, BR 1	CH 9	
Inflammation/Injury		IF 6, IF 8 IF 10	BR 12, BR 13, BR 1	CH 9	
Gout		IF 7, IF 10	BR 12, BR 13	CH 8	
Muscle Pain		IF 3	BR 12, BR 13	CH 9	
Injury or Muscle Tear		IF 3	BR 12, BR 13	CH 9	
Other	Detoxification	IF 2, IF 5	BR 12, BR 1, BR 8, BR 7	CH 5	
	Strengthen Immunity	IF 2, IF 5	BR 1	CH 5	
	Burns	IF 2, IF 5	BR 1	CH 9	
	Enlarged Prostate	IF 2, IF 5	BR 1, BR 2	CH 8	
	Gynecological Inflammation	IF 2, IF 5	BR 1, BR 2	CH 8, CH 1, CH 2	
	Menstrual Cramps	IF 2, IF 5	BR 1, BR 2	CH 8	
	Depression or Insomnia	IF 3	BR 1, BR 9	CH 1, CH 2	

The recommended settings are based on user experience. This is not meant to take the place of conventional medical treatment. The Vasindux PEMF product is a complimentary therapy option to improve health and wellness using the body's natural processes.

Program guidelines and products by Vasindux have not been evaluated by the FDA and their products are not intended to diagnose, treat, cure or prevent any disease or medical condition. The use of a PEMF product is contraindicated in people with pacemakers (unless cleared by the implant device manufacturer), medication pumps or cochlear implants. PEMF products are also contraindicated during pregnancy, while receiving chemotherapy and in individuals with epilepsy or bleeding.